The 7 Habits of Happy Kids - Grades 1 & 2

Name: _____ Date: _____

Habit 1: Be Proactive

I can make good choices!
What is one good choice you can make today?

_____

Habit 2: Begin with the End in Mind

I can set goals!
What is one goal you have?

_____

Habit 3: Put First Things First

I do my work before I play.
What do you need to do before playing today?

_____

Habit 4: Think Win-Win

I can share and be fair.
Tell about a time you shared with someone.

_____

Habit 5: Listen Before You Talk

I can be a good listener.
Who do you need to listen to today?

_____

Habit 6: Work Together

I can be a good teammate.
Tell about a time you worked with someone.

_____

Habit 7: Take Care of Yourself

I can rest, play, and eat healthy!
What will you do today to take care of yourself?

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