Reading Response Worksheet

Book Title: Anxious for Nothing by Max Lucado
Grade Level: 6th Grade

1. Before Reading

What do you think this book might be about?

_____

_____

_____

Why do you think this topic is important for students your age?

_____

_____

_____

2. During Reading

a. Main Idea / Message
What is the main message or idea the author is teaching in this chapter/section?

_____

_____

_____

b. Key Verse or Quote
Write one sentence or verse from the book that stood out to you:

_____

Why did this part stand out?

_____

_____

c. Feelings & Examples
How does Max Lucado describe feelings of anxiety?

_____

_____

Did you notice anything from your own life that relates to what he says?

_____

_____

d. Question for the Author
What question would you ask Max Lucado based on this chapter?

_____

_____

3. After Reading

a. What I Learned
Summarize in a sentence or two something important you learned:

_____

_____

_____

b. How It Could Help Me
Name one way you can use what you just read in your own life:

_____

_____

_____

c. Action Step
Write a small action you can try this week to reduce worry or anxiety:

_____

_____

_____

4. Vocabulary

Choose 3 words from the book that were new or interesting. Write their meanings in your own words.

1. Word: _____ Meaning: _____

2. Word: _____ Meaning: _____

3. Word: _____ Meaning: _____

5. Personal Reflection

How are you feeling right now after reading? Use a word or short sentence.

_____

Is there anything about this book that surprised you or made you think differently?

_____

_____

_____